



Real Kids in an Unreal World: Building Resilience and Self-Esteem in Today's Children

Monday 23 October 2017 (7-9pm)

Tranby College, Baldivis

Children need to have certain basic experiences to build the competencies that will help them manage life — the good, the bad and the ugly. Maggie's book - *Real Kids in an Unreal World*, has helped guide thousands of parents to raise children who are happy, healthy, strong, kind and resilient.

The Baldivis seminar will see Maggie explore her common-sense, practical model of ten building blocks for children birth-12.

You will learn practical, common-sense ideas and strategies to make small changes in your home or classroom/centre, to make a big difference to your children's cognitive, physical, psychological, emotional and social health later in life.