Life In Focus Events presents...

## Real Kids in an Unreal World

with Maggie Dent



Building Resilience and Self-Esteem in Today's Children (10 Resilience Building Blocks)

Children need to have certain basic experiences to build the competencies that will help them manage life — the good, the bad and the ugly. Popular Australian parenting author and educator Maggie Dent published her bestselling book, Real Kids in an Unreal World, to help guide parents in raising children who are happy, healthy, strong, kind and resilient. In this seminar, Maggie will explore her common-sense, practical model of 10 building blocks for children birth-12.

She will present practical, common-sense ideas and strategies to make small changes in your home or classroom/centre, which will make a big difference to your children's cognitive, physical, psychological, emotional and social health later in life.

Venue: Tranby College Multi Purpose Hall

Cnr Tranby Dr & Eighty Rd, Baldivis WA 6171

Date: Monday 23rd October 2017

Time: 7 – 9pm Cost: \$35

Bookings: Please book online at www.trybooking.com/262123

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Maggie Dent