

Welcome to Week 9 Term 1, 2019 Monday 1st April 2019

Last week I spoke about the football so I will skip it this week...

Reflecting on last week and all the events that we had at the school the one event that stuck out for me was Miss McKay's assembly item on a growth mindset through the song Bad Hair Day. The song was catchy, the students looked amazing with their outfit and they participated with enthusiasm. We all have our 'bad hair' days which we cannot change yet we can choose our attitude which sets our expectations of ourselves and our day.

The students spoke about how we can have a fixed mindset or a growth mindset based on the work of psychologist Carol Dweck. A fixed mindset looks to be correct all the time so does not challenge themselves as mistakes are about failing. A fixed mindset may decide to not put in the effort into new things when they did not experience early success.

A growth mindset is the power of 'yet'. It is a focus on learning not being right, embrace challenges and sees effort as the path to mastery - "I haven't got it yet". The yet is a subtle message to ourselves saying 'I haven't got it yet but I will'.



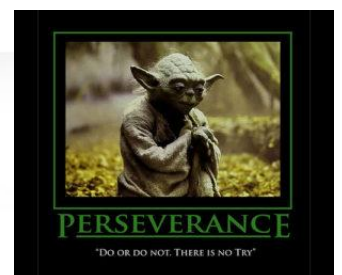
These mindset, while not defined, have been steeped in our culture and even in a galaxy far, far away.

In the historic biopic 'Star Wars: A New Hope', Luke was asked to lift his X-wing out of the swamp. Luke had a fixed mindset, 'moving stones around is one thing... this is totally different'. Yoda, as a Jedi master, has a growth mindset. Moving stones or moving an X-wing it is how you view the challenge that defines your use of the force. Luke states that he will give it a try. When we try to do something we have it in the back of our mind that our effort might be fruitless and we get defensive. Yoda, everlasting growth mindset master says 'do or do not. There is no try. This is because when we seek to achieve something with a growth mind set we either achieved it or embrace our mistakes as opportunities to learn.

So next time you are seeking to lift an X-wing or facing a difficult obstacle or change in your life. Will you approach the task with a fixed mindset or a growth mindset and persist in the face of setbacks as they are lessons and inspiration for you to reach even higher.

Regards,

David Paine



This week...

No Icy Poles this week

BASSA Interschool Swimming Carnival

On Wednesday we have our BASSA Interschool swimming carnival at the Rockingham Aquatic Centre. We look forward to our team representing our school well through respectful behaviours and attitudes and by doing our best. Go Baldivis Gardens!

Before School Sandwich Making Day

This Wednesday students in Years 1 -6 can make their own healthy sandwich prior to school for a gold coin donation. This is separate to our Week 8 sandwich making days.

Subway Lunch

We will be offering subway for lunch on the last day of school. Notes will be going out shortly.

Coming up events...

Community Breakfast and ANZAC Service

We will be holding our ANZAC service on the 12th April at 2pm. Please join us earlier for a community breakfast. There will be more information in the next newsletter.

Footy Focus and Netball

Next term we will be running additional sport sessions. There will be a Year 1-6 footy focus program and a Year 3-6 Netball program. An expression of interest form will be coming out in the next few days.

Music Performance

Next Monday evening our Junior and Senior Choir as well as some of our instrumental students are putting on a concert for their families to thank them for their support in their child's music education. How exciting!

What's new at Baldivis Secondary College

Film Academy Students "Gronked"

Year 9 Film Academy students recently participated in the North Metropolitan TAFE annual Gronk Week Film Festival. Gronk Week has been a long standing tradition at the North Metropolitan TAFE campus and the event is largely based on the Tropfest Film Festival format. Film students are given a key word, a prop and a line of dialogue as stimulus for scripting, filming and editing a short film. This year the key word was button, the prop was a button and the line of dialogue was "Snap out of it."

Gronk ran over three days. For the first one and a half days the students rotated through a series of workshops. These workshops were scripting for film, blocking and camera set ups, directing actors, editing, special effects make up and fight scene choreography. The students then spent the next one and a half days filming and editing their film.



ROCKINGHAM PCYC

Junior Jam

3 ON 3 BASKETBALL COMPETITION
TERM 2 2019

THIS NEW AND IMPROVED BASKETBALL COMPETITION IS FOR BOYS AND GIRLS IN PRIMARY SCHOOL YEARS 2 - 6
SESSIONS INCLUDE A SKILLS DRILLS WARM UP PRIOR TO GETTING STUCK INTO A FIXTURED COMPETITION

WEDNESDAYS 5.30 - 7PM
APRIL 30th - JULY 3rd (10 WEEKS)
\$26.00 ANNUAL MEMBERSHIP PLUS A TERM FEE OF \$92.25
(Annual membership not applicable for current 2019 PCYC members. Financial assistance available to help with term fees)
LIMITED SPOTS AVAILABLE - BOOK NOW
BOOK YOUR SPOT ONLINE NOW AT
[HTTPS://WWW.TRYBOOKING.COM/BBS6X](https://www.trybooking.com/BBS6X)

CREATE YOUR OWN TEAM OF 3 PLAYERS OR WE CAN POP YOU IN ONE!

New Zealand Adventures Baldivis Cricket Academy Tour 2018

If you want to stir our friends from across the Tasman, then simply take 15 cricketers from Baldivis Secondary College and three staff into their territory and have a team emblem of a kangaroo with a silver fern for its tail!!! Even on the flight a comment from a parochial 'Kiwi' of "that silver fern should be wrapped around Skippy's neck was said with a big beaming smile and giggle which already set the tone for the humour that exists on those two big islands to the east of us!

That's exactly what we did in December of 2018, when Mr Kennedy and Mr Russell took the Baldivis Cricket Academy to the Bay of Plenty Region in the North Island of New Zealand.