



## RUNNING CLUB

Dear Parents/Guardians,

This year we are committed to starting a 'Running Club' for students in Years 1-6. All students both male and female in these years are eligible to participate. Students will be taught the fundamentals of running to help further develop their ability to run, and increase their fitness and endurance levels, in preparation for school sporting events and participation in 'out of school hours' sport.

The program will run every Friday from 7.45am – 8.15am in Terms 2 and 3 on the school oval. The program is completely free and will be run by Mr Gardiner, Mrs Bruce and a parent helper Katrina Glenn. The focus is on participation and skill development at all levels. Running club will commence in Week 1 Term 2 Friday 4th May.

This program is a school based program and requires all students involved to meet the following commitments.

- 90% attendance across the two terms of the program
- Following of school rules, school ethos and school values

Students who do not meet these requirements will be removed from the program.

If your child would like to be involved in this exciting program please complete the form provided and return to school by the end of the week. If you have any questions or you would like to help with this club please speak with me.

Thank you

Jamie Gardiner  
Physical Education Teacher

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I acknowledge that my son/daughter \_\_\_\_\_ will commit to the 'Running Club' program each Friday of **Term 2 and Term 3 commencing Friday 4th May.**

If my child's attendance at the program falls below 90% or their behaviour is not in keeping with our school rules and school ethos, I understand they will be asked to leave the program.

Parent/Guardian signature \_\_\_\_\_ Date: / / 2018

Student signature \_\_\_\_\_ Date: / / 2018